

## **DULUTH FIGURE SKATING CLUB ACADEMY COVID-19 SAFETY GUIDELINES**

1. We will be asking that you as a family go through this daily health checklist before leaving for the rink: \* Fever over 100 degrees, \*Cough, \*Shortness of breath, \*Chills, \*Muscle aches, \*Sore throat, \*New loss of taste or smell \*Nausea

If the answer to any of these symptoms is yes please do not send your skater to the rink. Please notify us asap if exposure has occurred.

2. All coaches will be wearing masks. All skaters are required to wear masks upon entry into the building. It is **highly recommended** that skaters wear a mask on the ice but not required.
3. Skaters will be allowed into the building 10 minutes prior to the start of the class. Academy building entrance 10:05am. Skaters must immediately exit at the completion of class.
4. All skaters must come dressed and ready to participate. Skates must be on upon entering the building. **Hard guards are required.**
5. Skaters should **NOT** bring any additional items in with them.
6. **Parents and spectators will not be allowed into the facility in an effort to reduce exposure.**
7. All skaters **MUST** sanitize their hands upon entering the building.
8. Skaters will sit in the first section of bleachers on a marked **MARS STICKER** until the coach gathers them to enter the ice.
9. Include the emergency contact number on your registration form & it is recommended that parents stay on the premises during classes (outside) in-case of emergency.