

## **High School Lettering**

Duluth Denfeld, Duluth East, Duluth Marshall, Hermantown, Superior

Documents needed:

1. Minnesota State High School League Athletic Eligibility Brochure. Sign the statement page (page 5). (Not required for WI Schools)
2. Sports fee for the school that you are attending. Example: \$25.00 written to Duluth East.
3. Duluth FSC Signature Page
4. Approval letter from Duluth FSC Director

All documents must be approved by the Skating Director, and then submitted to the Athletic Director at the attended school.

The following documents need to be submitted to the Duluth FSC Director to receive an approval letter:

1. MSHSL Statement (Not required for WI schools)
2. Signature Page
3. Proof of current GPA
4. Completed Ice Hours/Public Appearance Sheet
5. Competition Ordinals
6. Proof of Test attempt

**Twin Ports Area Schools  
Lettering Program Requirements  
For Figure Skating**

**Objectives**

1. To offer high school club activity status for figure skaters.
2. To recognize the accomplishment, time commitment and athleticism of figure skaters with a letter award to those who meet the requirements.

**Qualifications and Letter Requirements**

1. The figure skater must be a current student of a Twin Ports Area School enrolled in grades 9-12. They must also be a member-in-good standing of the Duluth Figure Skating Club (DFSC), a member of the United States Figure Skating Association (USFS). The figure skater is responsible for all requirements of these criteria and for submitting all required documentation.
2. The figure skater must follow the Minnesota State High School League rules of eligibility and conduct.
3. The figure skater must train under the supervision of an approved DFSC professional coach.
4. The figure skater needs to submit necessary documentation to the DFSC Director for verification. Requirement sheet attached. The documents must be submitted by March 30<sup>th</sup> of the current member year.
5. Figure skating must be performed at a High School Varsity level or higher as follows:
  - a. The figure skater must skate a minimum of 150 hours during the skating season. For the purpose of this program, the skating season will run (April 1 – March 30). The requirement is actual time dedicated to figure skating, just contracting the ice time is not sufficient. To be included in the required skating hours, the skater must skate on DFSC ice and/or other USFS affiliated club ice.
    - i. Hours will be counted as follows:
      1. 1 hour = 1 hour on or off-ice (off-ice classes, seminars)
      2. Ice show dress rehearsals will count towards ice time and will equal the number of hours you are required to be at the rink (i.e. first half of the show 1.5 hours = 1.5 hours)
      3. Competitions will count as 1 hour per event you compete in. Practice ice purchased for the competition will also count towards total required time; minutes purchased = minutes skated etc.
  - b. The figure skater must have passed the USFS Intermediate Freeskate.
  - c. The figure skater must attempt (not necessarily pass) at least one USFS official test per skating season (IJS protocol, virtual, in-person), with the exception of a skater who has passed their Senior Moves in the Field and/or Freeskate test.

- d. The figure skater must participate in a least 3 “public” events per skating season. These events could be:
  - i. Competitions
  - ii. Annual DFSC Ice Show
  - iii. Hockey Game performances, USFS sanctioned performance events
- e. The skater must maintain a 3.5 GPA.

Once a figure skate has attained letter status, a bar can be earned for each subsequent year if the skater has fulfilled all of the above requirements for that season until a skater graduates.

**Twin Ports Area Schools  
Lettering Program Requirements  
For Figure Skating**

1. **Eligibility** – I understand that I must meet all the eligibility requirements set forth for the Twin Ports Area Schools Lettering Program. I understand that if I fail to meet any of the eligibility requirements, including but not limited to: my failure to adhere to all school district rules, policies, and requirements concerning student activities: including but not limited to: attendance, conduct, scholastic standing and other eligibility requirements as required of all Duluth Area Schools athletes, that I forfeit my eligibility to earn a varsity letter – even if I have met all other criteria.
2. **Costs** – I understand that I am responsible for all costs associated with the Twin Ports Area Schools Lettering Program including but not limited to membership fees, coaches’ fees, costs of physical examinations, and lettering registration/awards fee.
3. **Coaching/Training** – I understand that I must train under the supervision of an approved DFSC Professional Coach.
4. **Lettering Requirements** – I understand that in addition to the Eligibility Requirements, I must meet all of the following criteria to earn a varsity letter for the current skating season:
  - a. I must be a current student at a Twin Ports Area School enrolled in grades 9-12 and Home Club Member of DFSC.
  - b. I must skate a minimum of 150 hours during the skating season either at the Duluth Figure Skating Club ice or any other affiliated USFS club.
  - c. I must have passed the Intermediate Freeskate test.
  - d. I must attempt at least one USFS official test per skating season (if applicable).
  - e. I must participate in at least 3 public events per skating season such as competitions, ice shows, or other USFS sanctioned events.
  - f. I must turn in all necessary documentation to prove my participation in public events.

I have read the requirements in the Twin Ports Area Schools Lettering Skater – Parent Agreement for this skating season. I understand that I must meet all of these requirements to earn a varsity letter and subsequent lettering bars, and will abide by these rules and requirements. I also understand that the consequences in the event of my failure to meet all said requirements will result in the ineligibility to receive a varsity letter for this skating season.

---

Skater’s Signature/Date

---

Parent’s Signature/Date

Please complete the following (attaching a new sheet is allowed):

Competitions

Name:

Date:

Number of events:

Number of hours (including practice):

Attach Ordinals (screenshot)

Competitions

Name:

Date:

Number of events:

Number of hours (including practice):

Attach Ordinals (screenshot)

Ice Show

Date:

Rink:

Hours/Practice/Performance:

List Practice times

Testing

Test:

Pass/Fail

Other event:

Name

Rink/Location:

Date:

Attach Proof

Ice Hours

Total hours:

---

Name

---

Grade